

05-21-20

Hello Island Families.

We hope this letter finds you well during this incredibly difficult situation we are all in! It was hopeful hearing our Governor's message on Monday about his plans of slowly re-opening the State of Massachusetts. **We would like to reiterate, slowly. We are only in Phase One of his plan.**

Please be aware that we are still being encouraged to:

- Stay at home as much as possible
- Wash our hands frequently with soap and water or use hand sanitizer if washing your hands is not possible.
- Always wear a mask in public if you can't distance yourself at least 6 feet from others outside and inside buildings.

Wearing a mask in public is recommended to everyone unless you are a child under two years of age. Tell your child to consider it a new accessory to their outfit when they go out into public areas.

Remember, it's to protect others from you! It's to protect your friends from you! It's to protect your friend's family members at home who can't leave due to chronic health conditions that put them more at risk for contracting the virus, from you!

The warm weather feels good and gives us a new sense of energy to power through. But you must tell your kids, your friends, your neighbors that we have to keep this up, so that we can save lives in our community!

Thank you,

Martha's Vineyard School Nurses Catherine, Kristine, Janice, Linda, Nicole, and Lana